



Business Benefits of the Inner Negotiation Workshop

The following is information on business benefits received by people who have taken MMS' Inner Negotiation Workshop. From many testimonials the following business benefits have been emphasized:

Self Understanding:

- Identifying one's own strengths and weaknesses
- Better understanding of one's own strengths and weaknesses
- Concentration of one's strengths

Developing Leadership Abilities

Criticism

- Ability to accept criticism without taking it personally or being defensive
- Ability to make correction

Responsibility

- Realization of a solution oriented approach to problem solving
- Decision making skills

Increased Communication Skills

- Hearing and accurately registering what another person says so the person knows what another person says so the person knows he has been heard
- Communication with others accurately and in a manner that can be received

Motivation

- More motivation about one's self
- Inner directed motivation
- More motivation, as a result, about everything

Problem Solving

- Development of a solution oriented approach to problem solving
- Constructive use of time on a solution rather than talking about the problem
- Conflict resolution

Self-Confidence/Productivity

- Increased self confidence which resulted in increased productivity
- Expanded Personal Power
- Goal clarification
- Self management skills
- Positive self regard

Commitment

- Renewed commitment to what one is doing
- Clearer understanding of which way to go